

# Peaceful Calm

## What is PeacefulCalm?

PeacefulCalm is made with 100% natural herbs that are tested for authenticity, quality, and potency. When used properly, this formula can alleviate problems caused by excessive overthinking, anxiousness, restless sleep, feeling overwhelmed, and an overall stressful lifestyle.

## Customers taking PeacefulCalm have noticed:

- Reduced worry and anxiety
- Improved sleep at night without side effects
- Increased overall feeling of well being
- Increased sustained energy throughout the day
- Decreased incidence of palpitations
- Improved mental focus and increased productivity

## How does PeacefulCalm work?

The herbs in PeacefulCalm work synergistically to relieve stress and anxiety naturally and effectively.

## Why PeacefulCalm?

Up all night? Starting to become forgetful? Feeling overworked or mental stress. How about feeling overwhelmed, difficulty focusing, restless sleep, fatigue, and experience a loss of appetite? For far too many this is a daily occurrence but PeacefulCalm may be able to help alleviate these symptoms associated with stress and anxiety. The herbs in PeacefulCalm work synergistically to relief stress and anxiety, naturally and effectively.



### Suan Zao Ren

Suan Zao Ren (Jujube seeds) have proven in clinical trials that they can lower blood pressure, reduce hyperactivity and even display anti-anxiety properties.

### Huang Qi

Huang Qi (Astragalus) undoes the damage done by stress, particularly to the brain. It protects and repairs tissues.



### Long Yan Rou

Long Yan Rou (Scabrous Gentian) has also proven in clinical trials that it can regenerate brain cells, reduce fatigue and enhance our memory.

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## Who should take PeacefulCalm?

PeacefulCalm is recommended for those who experience symptoms associated with stress and anxiety, such as fatigue, forgetfulness, loss of appetite, difficulty focusing, feeling overwhelmed, restless sleep, and insomnia.

## Directions

Adults, take 4 tablets three times daily, or as directed by your healthcare provider.

## Supplement Facts

Serving per Bottle	50
Serving size:	4

Amount per serving		% Daily Value*
Ginseng	28 mg*	DV*
Atractylodes Rhizome	30 mg*	DV*
Ginger	20 mg*	DV*
Astragalus Root	25 mg*	DV*
Angelica Sinensis	30 mg*	DV*
Hoelen	28 mg*	DV*
Licorice Root	15 mg*	DV*
Semen Zizyphi Spinosae	28 mg*	DV*
Logan Fruit	25 mg*	DV*
Senega Root	25 mg*	DV*
Jujube	20 mg*	DV*
Radix Aucklandiae Lappae	15 mg*	DV*

\* Daily Value(DV) not established.

\*\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## References:

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