

Less Stress

What is Less Stress?

LessStress is a modern adaptation of a classic formula that appeared in texts over 3000 years ago. It helps reduce the physical and emotional effects of stress to improve mood. It combats stress-related symptoms such as irritability, bloating, constipation, and headaches. LessStress addresses these concerns to help alleviate stress and muscle tension and also increase gut motility and energy.

Customers taking Less Stress have noticed

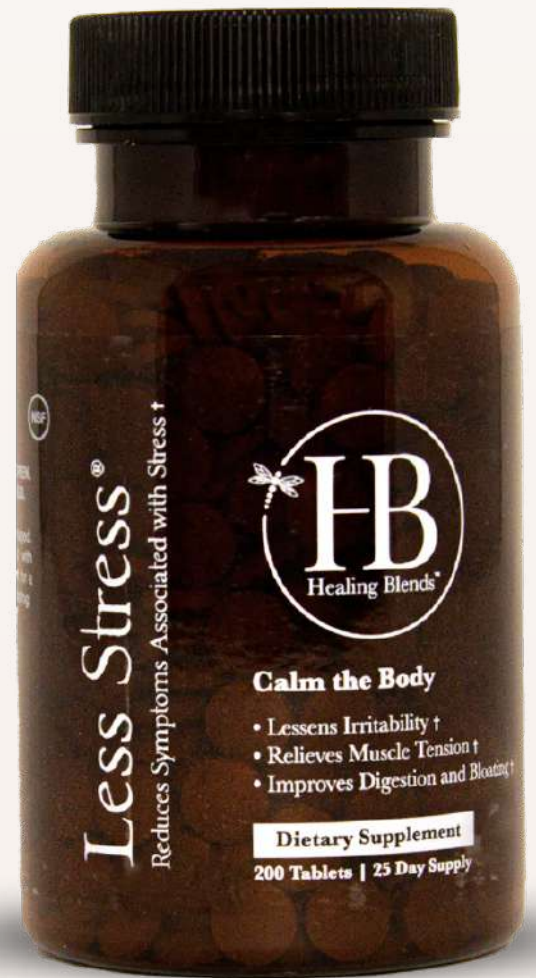
- Less irritability and More Calm
- Increase in energy without the daily “crash”
- Less tension in head, neck and shoulders
- Less Bloating and Better Digestion

How Does LessStress Work?

Collectively, the herbs in LessStress ease stress by regulating cortisol levels, increasing intestinal motility, and regulating menstruation.

Why LessStress?

We may not always be aware of our mood or how stress may affect us. LessStress helps to relieve physical and emotional stress. It can also increase your focus, productivity and mood naturally. LessStress is a modern adaptation of a classic formula that appeared in texts over 3000 years ago. Many of the herbs in LessStress have been researched and confirmed to work efficiently and effectively in reducing the signs and symptoms associated with stress.



Bupleurum Root

Anti-inflammatory properties and regulatory effects of cortisone.

White Peony

Eases muscle spasms and tension.



Peppermint

Relieves migraines, bloating and abdominal discomfort.



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Who should take LessStress?

LessStress is recommended for those who suffer physical and emotional manifestations of stress including irritability, bloating, tension headaches, irregular menstrual cycles, clenched jaw and migraines (especially in relation to the menstrual cycle).

Directions

Adults take 2 capsules twice daily, or as recommended by your healthcare provider.

Supplement Facts

Serving per Bottle		25
Serving size:		2
Amount per serving		% Daily Value*
Bupleurum Root	43 mg*	DV*
Angelica Sinensis	43 mg*	DV*
Atractylodes Rhieome	43 mg*	DV*
Ginger	43 mg*	DV*
Peppermint Herb	22 mg*	DV*
Peony Root	43 mg*	DV*
Hoelen	43 mg*	DV*
Licorice Root	20 mg*	DV*

* Daily Value(DV) not established.

**These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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