

# HTN Care

## What is HTN-Care?

Every year, millions of people are diagnosed with high blood pressure, also known as hypertension. Of those diagnosed, 85% of cases are stress-related, 10% are caused by lifestyle and dietary factors, and 2% are hereditary. HTN-Care is an herbal blend that eases symptoms of hypertension. This formula helps the body moderate stress while improving the integrity of the cardiovascular system.

**This proprietary blend is designed to help reduce conditions associated with hypertension such as:**

- Headaches
- Muscle tension
- General fatigue and stress

## How does HTN-Care work?

HTN-Care contains a combination of herbs that work to maintain a healthy cardiovascular system to improve blood pressure, reduce symptoms, and repair conditions related to high blood pressure.



## TURMERIC

The phytochemical Curcumin in turmeric improves the elasticity of arterioles, reduces oxidative damage, and mitigates possible complications from cardiovascular diseases.

## CINNAMON

Cinnamon contains cinnamaldehyde which is a muscle relaxant, reduces stress and promotes vasodilation.



## LICORICE ROOT

Licorice root (in conjunction with the other herbs present in the formulation) helps reduce blood pressure, enhances capillary health and even helps to manage cholesterol levels



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## Who should take HTN-Care?

HTN-Care is recommended for individuals with frequent headaches, vision changes, nosebleed, dizziness, tinnitus, sensation of swelling in the eyes, irritability, insomnia, or palpitations.

**IMPORTANT NOTE:** Elevated blood pressure may be asymptomatic. It is a critical risk factor for stroke, heart attack, and heart failure. If you notice the onset of any of the above symptoms, contact your healthcare provider immediately.

## How is HTN Care taken (Dosage Instructions)?

Two capsules a day, one in the morning and one in the evening.

## Supplement Facts

Serving per Bottle	30
Serving size:	1

Amount per serving		% Daily Value*
Tumeric	150 mg*	DV*
Cinnamon (saignon)	100 mg*	DV*
Licorice	50 mg*	DV*
Dandelion	75 mg*	DV*
Codonopsis	45 mg*	DV*
Citrus Peel	45 mg*	DV*
Rhubarb	35 mg*	DV*

\* Daily Value(DV) not established.

\*\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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