# **BF-Care**

### What is BF-Care?

BF-Care is a natural herbal formula for people struggling with digestive discomfort, bloating, or food sensitivities. It helps calm gut inflammation, restore a healthy balance of good bacteria, and ease symptoms that affect both digestion and focus.

By supporting the gut-brain connection, it promotes clearer thinking, steadier moods, and a stronger immune response.

#### Perfect for you if you're dealing with:

- Frequent bloating or indigestion
- Food-triggered inflammation
- Brain fog or low energy tied to gut issues
- Weakened immunity
- Skin rashes

#### How it works:

BF Care helps break down biofilm, kill parasites, bacteria, and yeast overgrowth, target parasite eggs, and repair the gut lining for better digestion and nutrient absorption.

#### Who Should Take BF-Care?

Anyone experiencing bloating, gas, diarrhea, gut inflammation, brain fog, skin issues, or recurring yeast infections.

Key herbs include Angelica for tissue repair, Mume Fructus for intestinal healing, and Phellodendron Cortex to protect the gut lining, combined with ginseng, ginger, and cinnamon for whole-body support.









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## **Directions for Use**

- Adults: 2 droppers twice daily (max 5 droppers in 24 hrs).
- Children: ½–2 droppers daily depending on age. Take with food.

Take with food. If pregnant or lactating, consult your healthcare provider before use.

Supplement Facts	
Serving per Bottle	
Serving size:	40 per bottle
Amount per serving	% Daily Value*

### **Herbal Component**

Mume fruit (wu mei), Sichuan pepper fruit (shan jiao), Areca seed (bing lang zi), Tang-kuei root (dang gui), Prepared aconitum tuber root (fu zi), Oriental ginseng root (ren shen), Cinnamon twig (gui zhi), Dry ginger root (gan jiang), Coptis root (huang lian), Phellodendron bark (huang bo).

\*\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







